

Downsizing

Tips

Start early and work in small increments of time.

Be realistic about the value of the items in your home. If you feel you have valuable items, have an appraisal done.

Decide what items you are ready to let go of and find places to donate them.

Enlist help.

Cull collections. Keep one to represent the many.

Things come into your life for a reason, a season or a lifetime. Be clear about why you are holding onto something.

Realize your items have served their time. Consider them like you do a car's depreciation.

Decide what you want to keep instead of what you don't want.

Photos and papers are going to take the longest amount of time to work through.

Gather important papers and information and let a trusted family member know where they are located.



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